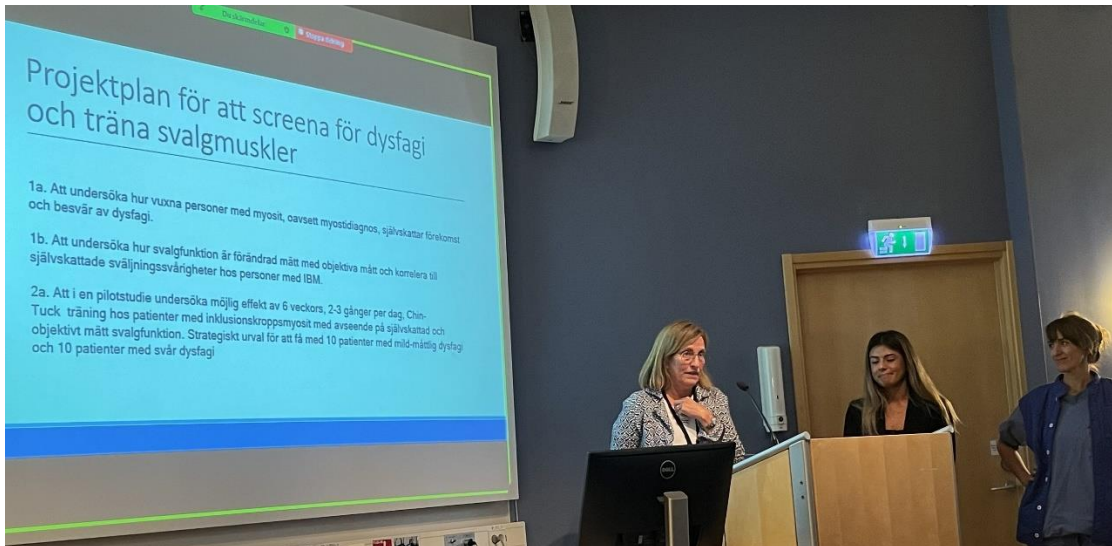
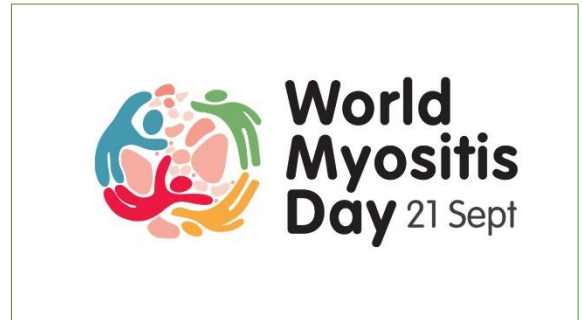


How we celebrated the World Myositis Day in 2024 in Sweden

On Friday September 20th we gathered over 80 patients and care givers for a whole day event. Lectures were given on various topics. One of them was dysphagia. The team consists of associate professor and physiotherapist Helene Alexanderson, specialist doctor Emma Malmberg and speech therapist Dilara Erer. They presented a plan for a project to map the extent of the problem among patients and will launch a special training program.



The Dysphagia team: Helene Alexanderson, Dilara Erer and Emma Malmberg

We also heard Professor Ingrid Lundberg, MD, Rheumatologist Maryam Dastmalchi and MD, Rheumatologist Fabricio Espinosa talk about diagnosis, classification, seronegatives, treatment and clinical trials.

Physiotherapist and PhD-student Kristofer Andreasson presented results from his High-intensity interval training study. He will soon present his thesis on the subject.

Specialist physiotherapist, MD Henrik Pettersson explained to us facts about Lung function tests (Spirometry) and what the different values mean.

We had the opportunity to hear a poignant story from a patient who travelled from far North of the country. "I am living overtime, life with my Polymyositis" called Karin Enerud her life story, with her medical history woven into it.

We enjoyed lunch and coffee, had discussions with each other, and our health care professionals were kind enough to stay around and answer all the questions from the patients. We could also send the lectures through a link to people who couldn't join us in Stockholm.